



U.S. SQUASH Protective Eyewear Policy

The risk of eye injury in racquet sports such as squash is "high" according to the American Academies of Ophthalmology and Pediatrics, the American Optometric Association, and eye care professionals who have studied sports eye injuries. Fortunately, these injuries are almost totally preventable with appropriate protective equipment.

- All players and coaches must wear protective eyewear whether playing singles or doubles, hardball or softball squash during all activities that take place on the court involving racquets and balls at U.S. SQUASH-only sanctioned events.
- The eyewear must meet or exceed the current American Society for Testing and Materials standard (ASTM-F803). To be used in competition, protective eyewear must appear on the ASTM reference listing.
- The eyewear must be unaltered and worn over the eyes as designed at all times.
- The policy applies to participants at all events in the United States including tournaments, exhibitions, clinics and leagues which are sanctioned only by the U.S. SQUASH or organized by its member districts.
- Players under 19 years of age participating in Junior competitions internationally must wear approved eyewear at all times.
- Members of Team USA (Men and Women) are strongly encouraged to wear protective eyewear while competing in international events.

U.S. SQUASH will maintain a reference list of ASTM approved eyewear but does not test, evaluate, or certify eyewear as compliant with ASTM-F803.

Selecting protective eyewear that meets or exceeds the ASTM-F803 standard is the responsibility of individual participants. Streetwear spectacles and unlensed eye protection do not meet the standard. In some cases eyewear manufacturers may assert their products are compliant with the standard or the products may carry the seal of an independent certifier such as the Protective Eyewear Certification Council. However, U.S. SQUASH recommends seeking advice from an eyewear professional before buying to insure that the eyewear meets or exceeds the ASTM-F803 standard.